

Space Stations

A team based running game



Equipment needed

Large Hoola hoops as 'space stations' (1 per team)

Small hoops/chairs as 'shuttles' (Use a number so that some players will always be left without shelter. Do not use any for small groups.)

A large number of small objects to collect (pennies, dried pasta, dried peas etc)

Setting up the game

Scatter the hoops and small objects around the play area.

Divide into teams of 2-6 players and allocate a space station per group.

Playing the game

The players are astronauts. Their mission is to collect up the large amount of space debris or rubbish that has been hampering the crew's other missions. Players collect one small object (or 'space debris') at a time, taking it back to their space shuttle. They may not take more than one piece of debris at a time (it may be dangerous).

When the game leader shouts "incoming" players must take shelter from the incoming larger pieces of space debris/meteor shower. 2 people may shelter inside their team's space station. 1 person may shelter inside any available shuttle. Anyone left without shelter (and everyone inside a space station or shuttle that is overloaded) will sustain damage. The game leader will announce what injuries those left outside sustained and what they will need to do for the next round (for example injured left foot, hop on right foot; disorienting bump to the head, walk backwards; broken right arm, use only the left). When the leader shouts "all clear" play continues. All injuries are healed when the next meteor storm hits. The winning team is the one with the most small objects collected in their space station.

Making it harder

At the leader's discretion some injuries may persist for more than one round. Multiple types of small objects can be used and each team asked to collect different items. Alternatively one type of small object can be 'radioactive'. Any 'radioactive' objects collected count as minus points at the end. To be really harsh, do not tell players which type is radioactive but pick one from a hat at the end.



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