

Mother Bird

A team based running game



Equipment needed

Hoola-hoops (1 for each team + 1 extra)

Setting up the game

Divide players into equal teams of approximately six people.

Ask each team to line up at one end of the playing area.

At the other end of the playing area and directly opposite each team place a hoola-hoop.

Each team selects a team leader to stand in their hoop.

In the centre of the hall place the final hoola-hoop.

The game organiser (or another helper e.g. a Guide Helper if played at brownies) stands in the central hoop.

Playing the game

Tell the teams that they are little, baby birds who have flown out of their nest. Their team leader is their mother bird. When she calls their name (1 name per team should be called at a time) they will 'fly' home to the safety of their nest. The first team to get all baby birds in the nest wins.

However, there is a hungry hawk in the middle of the room that loves to eat tasty little birds! If they are tagged by the hawk they must go to her nest. The only way they can be saved is if their mother bird flies out and tags them. But - should their mother be caught, all her birds will die!

As soon as the game organiser shouts go, the 'mother birds' can start to call their babies.

After each round the team may wish to elect a new leader.

